

10

24

2017

[Starting a Farm or Farm Co-op 101](#) [1]



For over 100 years, co-ops have been addressing community problems through collective and democratic decision-making, based on a set of shared principles. The business structure with the highest rates of success, co-operatives are a wise choice for future businesses. As a result we have seen a wave of new successful food and farm co-ops across North America to address issues of local food systems and economies.

This workshop will explain the fundamentals of what a co-op is, how food and farm co-ops are structured and some key steps to getting your co-op started. Presentation by Peggy Baillie of Local Food and Farm Co-ops. Hosted by Farms at Work.

Get your tickets at the link below!

<https://www.eventbrite.ca/e/starting-a-farm-or-food-co-op-101-tickets-38...> [2]

10

21

2017

[Tickets now available for Traditional Indigenous Dinner](#) [3]



You are invited to a unique opportunity to taste the flavours of our local indigenous communities' traditional foods. The event is a fundraiser for The Flint Corn Community Project. There will also be a silent auction of Haudenosaunee and Anishnaabe-made items, and a screening of the National Film Board film "The Gift". This Ontario-produced film tells the story of flint corn, one of the predecessors of the sweet and field corn widely grown today in North America.



Since 2015, the Flint Corn Community Project has offered culturally appropriate and science-based teachings of the Haudenosaunee people around growing Flint corn using the Three-Sisters method. This exciting initiative has engaged more than 125 volunteers, and close to 500 youth from across the province. Nikki Auten, Flint Corn Project Manager, works with youth camps and elementary schools each year to help youth understand the system, the stories and the science behind the three-sisters garden. The fundraiser will help support the on-going efforts to revitalize this corn seed and to extend outreach into more schools in Peterborough and surrounding areas.

The event will be held on **October 21, 2017** at 5:30 pm at The Mount Community Centre in Peterborough. Dinner includes dishes such as three-sisters soup, Haudenosaunee corn bread, venison and rice casserole (vegetarian option available), bannock and wild rice pudding. Tickets are \$45 each, couple and group rates are available, and can be purchased here on [Eventbrite](#) [4], or by calling [705-743-7671](tel:705-743-7671) [5].

The Flint Corn Community Project is a collaborative effort of Farms at Work, Trent University and TRACKS (Trent Aboriginal Cultural Knowledge and Science youth program).

•

Source URL: <http://farmsatwork.ca/news/201710>

Links

[1] <http://farmsatwork.ca/news/starting-farm-or-farm-co-op-101> [2]

<https://www.eventbrite.ca/e/starting-a-farm-or-food-co-op-101-tickets-38298784696> [3]

<http://farmsatwork.ca/news/tickets-now-available-traditional-indigenous-dinner> [4]

<https://www.eventbrite.ca/e/indigenous-dinner-fundraiser-film-tickets> [5] tel:(705)%20743-7671